AI as a Writer’s Assistant: Practical Systems for Protecting Creative Time



Kristine (KR) Brorman· Women Writing the West · October 2026

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What Are We Trying To Protect?

Creative Time

Writing is only part of a writer's job.

Plan · Manage · Promote



“Artificial intelligence functions as a tool for the good of human beings, not to diminish them, not to replace them.”

— Pope Leo XIV, June 21, 2025

THE BOUNDARY

Assistant, Not Author

Writer

- Voice
- Characters
- Emotion
- Story
- Theme
- Creative decisions

AI Assistant

- Organization
- Sorting & tracking
- Research support
- Planning
- Troubleshooting
- Admin tasks

The writer retains creative authority.

MY WORKFLOW

How I Actually Use AI

Revision planning
Series management
Research
Multi project coordination
Business/admin
Everyday systems



REVISION

Manuscript Revision Roadmapping

Revision Planning: Diagnose Before You Rewrite

Define the revision goal

Diagnose → Question → Evidence → Decide

Build a revision roadmap

“I don't ask AI to write the scene.
I ask why the scene isn't working.”



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KEEP THE THREAD

Series Bibles, Research and Continuity

Track characters, relationships & backstory

Preserve world-building rules & research

Cross-check timelines & continuity

KEEP THE THREAD

Research: Find the Question First

Identify what you need to know

Generate search terms & research paths

Organize and compare findings

Verify with reliable sources

“AI can help you find the question.
Don’t let it become your infallible source.”





Multi-Project Coordination

Reduce the mental gymnastics of managing multiple projects

Turn scattered obligations into action lists

Capture ideas without chasing them

See what needs attention now — and what can wait

Not everything needs to be done today.
It just needs a place to live.

OFF THE PAGE

Business & Admin of Writing

Plan launches, releases & marketing

Research submissions & comparable titles

Organize events, schedules & deadlines

Draft & refine correspondence



Everyday Systems

Reduce recurring decisions

Make a plan for the everyday stuff

Capture tasks before they become mental clutter

Protect energy for creative work

Creative time is protected long before you sit down to write.

USE WITH CARE

Practical and Ethical Boundaries

Offloading cognitive housekeeping is not the same as offloading judgment.

Decide what you will — and won’t — hand over

Keep the creative decisions yours

Check the facts — even when AI sounds certain

Know what your publisher, platform or organization expects



START SIMPLY

Better Conversations with AI

01 Give it context

02 Say what you’re trying to accomplish

03 Set your boundaries

04 Question the answer

Don’t prompt it. Talk to it.

Don't know what to ask? Ask it to ask you.

Take It With You.

Scan for the free resources
No email required

Writer’s AI Resources

- Presentation Slides
- Revision Conversations
- Professional Guidance
- Tools & resources mentioned today

You don’t need the perfect prompt.
You need a useful place to start.



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LIVE DEMO

Let's Try It

A Conversation With AI

Give it context

State the goal

Set the boundaries

Ask it to ask questions

Push back



PROTECT THE WORK

Protect your creative energy.

Keep human creativity at the center.

Let AI work quietly in the background.

Assistant, not author.

